



YWCA JUMP is an exciting program for newcomer women, girls and gender-diverse people over the age of 13, who are permanent residents, convention refugees or live-in caregivers with temporary work permits. *(Must provide documentation of record of landing.)*

3090 Kingston Road, Suite 205 | Scarborough, ON M1M 1P2 | 416.266.0303
ywca-toronto.org/jump | JUMPScarborough@ywca-toronto.org



**Are you a newcomer woman or girl over the age of 13?
In Canada as a permanent resident, convention refugee
or live-in caregiver?**

COME JOIN YWCA JUMP SCARBOROUGH!

“ The JUMP program gives great training and workshops to newcomer women and girls. It has helped me settle into Canada more easily and I have also met a lot of good friends. ”

- YWCA JUMP client



YWCA JUMP Scarborough is a place where you can:

LEARN the necessary skills to help you find valuable work, volunteer and educational opportunities.

ATTEND a range of training such as cashier, food handler, restaurant server and customer service training.

EXPLORE career options in the current labour market that suit your skills, strengths and interests.

GET HELP coping with challenges you are facing in your new community



NATIONAL ADVOCACY.
COMMUNITY ACTION.



Funded by:

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Immigration, Refugees
and Citizenship Canada

Immigration, Réfugiés
et Citoyenneté Canada



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YWCA JUMP SCARBOROUGH OFFERS A RANGE OF TRAINING AND WORKSHOPS AT NO COST:

RETAIL TRAINING CERTIFICATE AND JOB SEARCH PROGRAM

- *Training includes: customer service and cash register training*
- *Learn to prepare your résumé and find jobs in the retail industry*
- *Receive a certificate upon completion of all workshops*

FOOD HANDLING CERTIFICATE AND JOB SEARCH PROGRAM

- *Learn important information about food safety*
- *Learn how to prevent food-borne illnesses*
- *Prepare to work in the food or restaurant industry*
- *Take an exam through the Ministry of Health which is valid for 5 years*

BASIC CASH REGISTER TRAINING

- *Learn how to process sales, discounts, and return items*
- *Participate in role-plays and practice your customer service skills*
- *Add this experience to your résumé*

PUBLIC SPEAKING TRAINING SERIES

- *Gain confidence and practice speaking English*
- *Overcome fears of public speaking*
- *Learn techniques to develop stronger presentation skills*

ENTREPRENEURIAL SKILLS FOR HOME BASED BUSINESS CERTIFICATE TRAINING

- *Learn the basic steps for creating a business*
- *Apply and practice the skills to run a business*
- *Gain entrepreneurial knowledge – including operations, budgeting, marketing and managerial skills*

WORKPLACE HAZARDOUS MATERIALS INFORMATION SYSTEM (WHMIS) CERTIFICATE TRAINING

- *Obtain information on identifying hazardous materials in the workplace*
- *Learn about worker, employer, and supplier obligations and responsibilities*
- *Learn about government regulations, safety procedures, and control measures for protecting workers*

EMPLOYMENT AND SETTLEMENT SUPPORT

- *Job search support including résumé and cover letter writing and interview skills*
- *Career planning and assessments*
- *One-on-one support*



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